Dear Lake Grove Families,

Our lives have changed drastically and can feel a little overwhelming. We are eager to support you in any way we can. This week, teachers reconnected with their classes, engaged in read alouds, answered FAQs, and assured their students during the launch of FWPS Enhanced Remote Learning. Your child’s teacher provided a weekly overview - and will do so every Monday. We encourage you to set up a work space for schoolwork and craft a family learning schedule that works with the needs and routines of your family. Make sure your child visits their teacher’s website often for new, thoughtfully prepared lessons and activities that reinforce essential skills they need to complete this school year.

For an important reminder about online safety and respect, please see page 2. Each classroom community will develop norms which they will revisit in their zoom meetings.

Just like our teachers will grow their websites as new resources and supports become available, FWPS is improving the Meals Program. Starting Monday, April 27th, families will be provided 5 days worth of meals in grocery bags. Meal pick-ups will be held on MONDAY’S ONLY with the exception on Memorial Day-distribution will occur on Tuesday, May 26th. Children no longer need to accompany adults. Locations and meal pickup times at each site will remain the same. These improvements that support families are aligned to the Governor’s “Stay Home, Stay Healthy” order, save on transportation time and cost for families, and help keep our community healthy and safe.

Principal Heidelberg

HEALTH ROOM NEWS

Nurse Carol and Nurse Jan miss you very much! We know you are now doing school work at home and working very hard.

Remember to keep up with your daily routine while you are doing school at home. You should go to bed and wake up at the same time each day. Brush your teeth at least twice daily, floss once each day. Don’t forget to wash your hands! Have a good week and good luck with your school work!

If you would like a page with pictures and written instructions on how to brush your teeth, click on or copy and paste this link into your internet browser: https://www.ada.org/-/media/ADA/Science%20and%20Research/Files/watch_materials_brush.pdf?la=en

COUNSELOR’S CORNER

Today, we’re focusing on being your best person. To make good choices in our words, attitude and behavior, we need to do self-care. One way to self-care is to get plenty of sleep, eat healthy and exercise... think Ms. Henry! Another way to self-care is taking time to calm your mind and body. Taking deep breaths, resting in a calm place, talking to someone, quietly reading, coloring or writing, listening to music, or breathing fresh air, are ways we can calm our bodies and brains. When we are calm, we can make positive choices in our words, thoughts and behavior. What will you do for self-care?

Sending hugs and high fives!

Mrs. Finney-Allen, School Counselor
mfinney@fwps.org - 619-607-3552

FROM PRINCIPAL HEIDELBERG
**CYBER SAFETY**

As a family, share your expectations and review with your child the Rights and Responsibilities Handbook (www.fwps.org/Page/2123). In using the district digital resources, scholars accept the responsibility to:

- Use the digital resources for educational purposes only;
- Follow district policies and federal/state laws, including copyright laws and privacy laws;
- Follow district rules and expectations on use of the network and the internet;
- Use good behavior;
- Respect district property and services provided;
- Use digital resources in an educational, legal, moral, and ethical manner;
- Use only their personal information to login on devices and to not share pass-codes or credentials to district services;
- Respect the security measures in place and follow all guidelines;
- Only send, access, and publish school-appropriate materials.

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**KINDERGARTEN REGISTRATION**

Kindergarten registration has begun for the 2020-2021 school year. In order to register, your child must be 5 years of age on or before August 31, 2020. You must also have your child’s birth certificate AND up-to-date immunization record. These items below can be entered or uploaded with your online registration by visiting: https://www.fwps.org/Page/7199. If registering in person, bring the following required items; - Child’s vaccination record. • Two emergency contacts, including addresses and phone numbers • Child’s original birth certificate• Proof of your address (rental agreement, purchase agreement, or utility bill) * If your child has life threatening conditions such as allergies, asthma, diabetes, and seizure disorders, a meeting will be scheduled with the school nurse to confirm that all medications, medical supplies, and health care provider orders are in place prior to the first day of school. **Immunizations requirements:**

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Doses</th>
<th>Conditions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis B</td>
<td>5 doses</td>
<td>Last dose at age 24 months or older</td>
</tr>
<tr>
<td>DTaP/DT/Tdap/TD</td>
<td>5 doses</td>
<td>If last dose is after 4th birthday, 5th dose is not needed</td>
</tr>
<tr>
<td>Polio (IPV)</td>
<td>4 doses</td>
<td>If last dose is after age 4, doses 4 is not needed</td>
</tr>
<tr>
<td>Varicella</td>
<td>2 doses</td>
<td>Both doses must be after the 1st birthday</td>
</tr>
<tr>
<td>MMR</td>
<td>2 doses</td>
<td>Both doses must be after 1st birthday</td>
</tr>
</tbody>
</table>

If you have any additional questions, please e-mail Carolyn Euker (ceuker@fwps.org) or Ramona Berg (rberg@fwps.org).

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**MESSAGE FROM AP MO**

Hello Lake Grove Families,

By now, you should have connected via technology (Website, Email, and/or Zoom) with your child’s classroom teacher. Be watching for an invitation to utilize the Remind App from your teachers. If you are having trouble, we are holding tech support office hours. Email rcirrincione@fwps.org.

Use this new experience of online learning to empower your child. After reviewing your family’s and FWPS’ cyber safety expectations, prompt your scholar to summarize what you spoke about. “I am responsible for....”

Here’s what our family has posted next to our home computer: 1. I will use kind words- just like we do in real life, in class, on the playground and in our family. 2. I will take good care of the computer (no food or drink, take turns, etc). 3. I will tell my teacher if I need help and my parents if someone is doing something they shouldn’t. 4. I will utilize my computer time for learning. This means ignoring distractions from friends, apps and electronics.

You too, may wish to create and post your family norms/agreements. I look forward to popping into your zoom meetings to say hello to our wonderful Leopard Scholars. They are always in our hearts, thoughts and the reason we are working so hard to create this learning experience.

Warm wishes to each of you.

- Ms. Mo
CONTACT INFORMATION

ADMINISTRATION AND SCHOOL COUNSELOR

Principal - Mrs. Heidelberg
yheidelberg@fwps.org

Assistant Principal - Ms. Morris
rsmithmo@fwps.org

School Counselor - Mrs. Finney-Allen
mfinney-allen@fwps.org

OFFICE STAFF

Office Manager
Mrs. Euken - ceuken@fwps.org

Data Secretary
Mrs. Berg - rberg@fwps.org

Nurses
Ms. Zimmer & Ms. Slaughter
jzimmer@fwps.org

STUDENT SERVICES SUPPORT

Special Education Teacher
Mr. Bartolome - rbartolo@fwps.org

K-2nd ACP Teacher
Mrs. Livers - slivers@fwps.org

3rd-5th ACP Teacher
Ms. Hartman - lhartman@fwps.org

Speech Therapist
Ms. Foster - efoster@fwps.org

KINDERGARTEN & FIRST GRADE

Kindergarten Teachers
Ms. Bostrom - bbostrom@fwps.org
Mrs. Claffey - mclaffey@fwps.org
Ms. Rittenhouse - srittenh@fwps.org

First Grade Teachers
Mrs. Kay - nkay@fwps.org
Mrs. Morris - lmorris@fwps.org
1st/2nd - Ms. Weeks - cweeks@fwps.org

SECOND & THIRD GRADE

Second Grade Teachers
Mrs. Harada - gharada@fwps.org
Mrs. Linthicum - llinthic@fwps.org

Third Grade Teachers
Ms. Blakeley - cblakeley@fwps.org
Ms. Chavez - mchavez@fwps.org
Ms. Milat - cmilat@fwps.org

FOURTH & FIFTH GRADE

Fourth Grade Teachers
Mrs. Cirrincione - rcirrincione@fwps.org
Mrs. Ghag - pghag@fwps.org
Ms. Isaac - sisaac@fwps.org

Fifth Grade Teachers
Ms. Barnes - mbarnes@fwps.org
Ms. Jermone - pjermone@fwps.org
Ms. O'Neil - loneil@fwps.org

SPECIALISTS

P.E. Teacher
Ms. Henry - dhenry@fwps.org

Music Teacher
Ms. Weitz - aweitz@fwps.org

Librarian
Ms. Young - chyoung@fwps.org

INSTRUCTIONAL SUPPORT

Reading Support Teacher
Ms. Sawe - simani@fwps.org

Math Support Teacher
Ms. Miller - kmiller@fwps.org

Teachers of Emergent Bilinguals
Mrs. Wolf from - awolf from@fwps.org
Ms. Brea - dbrea@fwps.org