

K-12 BREAKFAST MENU

February 2020



**FEDERAL WAY
PUBLIC SCHOOLS**
Each Scholar: A voice. A dream. A **BRIGHT** future.

Monday	Tuesday	Wednesday	Thursday	Friday	Daily Offerings
3 <i>Maple Pancake</i> Fresh Apples Raisins	4 <i>Egg & Cheese Breakfast Wrap</i> Fresh Pears Frozen Strawberries	5 <i>Yogurt</i> Fresh Banana Frozen Blueberries	6 <i>Mini Cinnis</i> Fresh Oranges Applesauce	7 Turkey Gravy Breakfast Pizza Fresh Kiwi Assorted Fresh Fruit	100% Fruit Juice 
10 <i>Cheese Omelet</i> Fresh Apple Raisins	11 <i>French Toast Sticks w/ Syrup</i> Fresh Pears Frozen Peaches	12 Breakfast Sliders Fresh Banana Frozen Blueberries	13 <i>Buttermilk Bar</i> Fresh Oranges Applesauce	14 Classic Breakfast Turkey Patty, Egg Patty & Tater Tots Fresh Kiwi Assorted Fresh Fruit	1% and Nonfat Plain Milk 
17 NO SCHOOL	18 <i>PopTart</i> Fresh Pears Frozen Strawberries	19 Turkey Breakfast Pizza Fresh Banana Frozen Blueberries	20 <i>Zee Zee's Breakfast Bar</i> Fresh Oranges Applesauce	21 <i>Glazed French Toast</i> Fresh Kiwi Assorted Fresh Fruit	Assorted Cereal 
24 <i>Egg & Cheese Breakfast Wrap</i> Fresh Apples Raisins	25 <i>Breakfast Pizza Bagel</i> Fresh Pears Frozen Peaches	26 Classic Breakfast Turkey Patty, Egg Patty & Tater Tots Fresh Banana Frozen Blueberries	27 <i>Strawberry Mini Bagels</i> Fresh Oranges Applesauce	28 <i>Blueberry Oatmeal</i> Fresh Kiwi Assorted Fresh Fruit	No products on this menu contain pork Key: <i>Vegetarian</i>
					Breakfast Prices Scholar: \$2.00 Adult: \$3.00 Milk: \$0.60

To add money to your scholars account or apply for free and reduced meals, visit www.fwps.org/lunchapplication or call Nutrition Services at 253-945-5555.

Federal Way Public Schools Nutrition Services is an equal opportunity provider and employer. Menu is subject to change. Scholar must take 3 of the 4 items offered. One (1) must be 1/2 cup fruit and/or vegetable. All foods served in our schools may contain or be prepared in close proximity to products containing known allergens.