

	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
31	Microwave Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Sloppy Joe Sandwich (NEW) Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Yogurt, Crackers, Cheese Stick Fruit (x2)	Microwave Kit <u>Breakfast</u> Zee Zee Breakfast Bar Juice <u>Lunch</u> Turkey Pizza Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Zee Zee Breakfast Bar Juice <u>Lunch</u> Bagel & Hummus Spread Fruit (x2)	Microwave Kit <u>Breakfast</u> Oatmeal (x2) Juice <u>Lunch</u> Chicken Alfredo Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Oatmeal & Juice Juice <u>Lunch</u> Cheese Sandwich Fruit (x2)	Microwave Kit <u>Breakfast</u> PopTart Juice <u>Lunch</u> Beef Meatball Sandwich Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> PopTart Juice <u>Lunch</u> Bagel & Chocolate Spread Fruit (x2)	Microwave Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Asian Chicken w/ Rice Cheese Stick Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Cereal (x2) & Juice Juice <u>Lunch</u> Soybutter & Jelly Sandwich Fruit (x2)	SPRING BREAK NO MEAL SERVICE	SPRING BREAK NO MEAL SERVICE
7	SPRING BREAK NO MEAL SERVICE	SPRING BREAK NO MEAL SERVICE	SPRING BREAK NO MEAL SERVICE	SPRING BREAK NO MEAL SERVICE	SPRING BREAK NO MEAL SERVICE	Microwave Kit <u>Breakfast</u> Eggo Waffle & Juice Juice <u>Lunch</u> Chicken Nuggets w/ Tater Tots & Roll Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Mini Strawberry Bagels Juice <u>Lunch</u> Pasta Salad Fruit (x2)	Microwave Kit <u>Breakfast</u> Turkey Breakfast Pizza Juice <u>Lunch</u> Beef Hamburger Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Breakfast Donut Juice <u>Lunch</u> Soybutter & Jelly Sandwich Fruit (x2)
14	Microwave Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Cheese Pizza Bagels Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Yogurt, Crackers, Cheese Stick Fruit (x2)	Microwave Kit <u>Breakfast</u> PopTart Juice <u>Lunch</u> Cheesy Garlic Bread Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> PopTart Juice <u>Lunch</u> Bagel & Chocolate Spread Fruit (x2)	Microwave Kit <u>Breakfast</u> French Toast Sticks Juice <u>Lunch</u> Bean & Cheese Burrito Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Buttermilk Bar Juice <u>Lunch</u> Cheese Sandwich Fruit (x2)	Microwave Kit <u>Breakfast</u> Zee Zee Bar Juice <u>Lunch</u> Cheese Pizza Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Zee Zee Bar Juice <u>Lunch</u> Bagel & Hummus Spread Fruit (x2)	Microwave Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Grilled Cheese Sandwich Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Soybutter & Jelly Sandwich Fruit (x2)	Microwave Kit <u>Breakfast</u> Breakfast Wrap Juice <u>Lunch</u> Nacho Bites Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Yogurt & Granola Juice <u>Lunch</u> Cheese Pizza Anytimers Fruit (x2)	Microwave Kit <u>Breakfast</u> Cheese Omelet w/ Bun Juice <u>Lunch</u> Cheese Pizza Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Mini Cinni Juice <u>Lunch</u> Soybutter & Jelly Sandwich Fruit (x2)
21	Microwave Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Beef Hamburger Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Yogurt, Crackers, Cheese Stick Fruit (x2)	Microwave Kit <u>Breakfast</u> Zee Zee Bar Juice <u>Lunch</u> Turkey Pizza Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Zee Zee Bar Juice <u>Lunch</u> Bagel & Hummus Spread Fruit (x2)	Microwave Kit <u>Breakfast</u> Oatmeal (x2) & Juice Juice <u>Lunch</u> Popcorn Chicken w/ French Fries & Roll Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Oatmeal (x2) Juice <u>Lunch</u> Cheese Sandwich Fruit (x2)	Microwave Kit <u>Breakfast</u> PopTart Juice <u>Lunch</u> Beef Taco Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> PopTart Juice <u>Lunch</u> Soybutter & Jelly Sandwich Fruit (x2)	Microwave Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Chef's Special Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Cereal (x2) Juice <u>Lunch</u> Yogurt, Cheese Stick & Cracker Fruit (x2)	Microwave Kit <u>Breakfast</u> Breakfast Burrito & Juice Juice <u>Lunch</u> Chicken & Waffle Sandwich w/ Cheese Stick Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Mini Strawberry Bagel Juice <u>Lunch</u> Soybutter & Jelly Sandwich Fruit (x2)	Microwave Kit <u>Breakfast</u> Breakfast Sandwich Juice <u>Lunch</u> Chicken Burger Fruit (x2) Ready-To-Eat Kit <u>Breakfast</u> Breakfast Donut Juice <u>Lunch</u> Edamame & Corn Salad w/ Roll Fruit (x2)

Federal Way Public Schools Nutrition Services is an equal opportunity provider.

1% Plain Milk (gallons) will be available weekly. Scholar must select one (1) shelf stable meal kit and one (1) frozen/microwavable or ready-to-eat meal kit.
 All foods served may contain or be prepared in close proximity to products containing known allergens. It is recommended by the Department of Health that all fresh fruit in meal kits should be washed prior to consumption to prevent foodborne illness.

Menu is subject to change.