



**Nautilus K-8**  
 1000 South 289th St  
 Federal Way, WA 98003

Phone: 253-945-3400  
 Fax: 253-945-3434  
[www.fwps.org](http://www.fwps.org)  
 Attendance @  
[nauattendance@fwps.org](mailto:nauattendance@fwps.org)  
 Follow on Twitter  
 @NautilusK8

## Prepare, Inspire, and Educate



Dear Nautilus Families,

Happy Fall! A huge thank you to the 185 scholars who brought their families to Open House last week. This was a decline in the number of scholars who attended Meet the Teacher Night, so we will look at ways in which we can improve this for next year. We are significantly up in enrollment with 575 scholars enrolled, including our largest middle school population to date. Our secretaries were busy getting all the new scholars enrolled this summer!

We continue to work on our district's Strategic Plan and our Nautilus School Improvement Plan. We will spend our second year working on district Goal 2 – Whole Child: Thriving, Confident, Responsible Individuals and district Goal 4 – Content Area Competence: Mastery of All Subjects. We still have room to grow in both of these areas.

**Goal 2:** Last year, we had 84% of our scholars attending school 90% of the time. We have set a high goal, but an important and reachable one, shooting for 100% of our scholars attending school 90% of the time. **Realistically, this means students can miss approximately 18 days of school and still be here 90% of the time.** September is Attendance Awareness Month, we can't stress how important it is that your children come to school on time, every day, and stay all day long. If your scholar arrives late to school (after 9:05), it is considered a half day absence. If you take your scholar out of school early (before 2:35), it is considered a half day absence. Please try to make appointments outside of the school day and the school calendar. All vacations must be prearranged through our office and will most likely be unexcused absences.

**Goal 4:** Last spring, we took the Smarter Balanced Assessment. We continue to be above the district in most categories. Our SBA scores for Spring 2019 were:

**ELA and Math SBA & Science Scores 2019**

	NAU ELA	FWPS ELA	NAU Math	FWPS Math	NAU Science	FWPS Science
<u>3rd</u>	<u>52%</u>	<u>42%</u>	<u>64%</u>	<u>44%</u>		
<u>4th</u>	<u>47%</u>	<u>44%</u>	<u>42%</u>	<u>42%</u>		
<u>5th</u>	<u>51%</u>	<u>45%</u>	<u>53%</u>	<u>34%</u>	<u>45%</u>	<u>34%</u>
<u>6th</u>	<u>53%</u>	<u>43%</u>	<u>43%</u>	<u>30%</u>		
<u>7th</u>	<u>52%</u>	<u>49%</u>	<u>44%</u>	<u>33%</u>		
<u>8th</u>	<u>63%</u>	<u>48%</u>	<u>32%</u>	<u>30%</u>	<u>47%</u>	<u>39%</u>

Thank you for all you do to make sure your child is ready to learn every day. As always, we are committed to the success of all scholars and believe that partnering with parents makes all the difference! You are invited to our school any time you can make it. Come see what is happening and follow us on Twitter @NautilusK8. We also have started a Facebook page this year – check it out! If you have questions or concerns, you are encouraged to contact your child's teacher or give the office a call. Looking forward to a great year!

Proud to be a Navigator!

Stacy Lucas  
 Principal

**Mark  
Your  
Calendar**

**September 16-20**  
Spirit Week

**September 18**  
Early Release @1:35

PTSA Board Meeting  
@6:30

**September 19**  
Navigator Night  
Open House  
5:00-6:30 pm

**September 24**  
**\*Date Change\***  
PTSA Free Skate Night  
6:00-8:00 pm

**September 25**  
Early Release @1:35

**September 26**  
PTSA  
Reflections/ Walk-A-Thon  
Kick Off  
Assembly at 2:30pm

**PTSA WatchDOG**  
Kickoff Pizza  
@5:00-7:00pm  
In Gym

### Arriving On Time is Important!!

Our school start time is 8:35 am. Students arriving after that time **must** come to the office for a tardy slip.

**\*Breakfast is served from 8:10-8:30 am.\***

If your child is late, and misses breakfast, please give them a small snack, such as a granola bar to hold them until lunch.

### Attendance: Every Day Counts! Especially in the Early Years!

One in 10 kindergarten and first-grade students nationally are chronically absent, missing nearly a month of school.

These early absences correlate with reading difficulties and poor attendance patterns in later years. One California study found that only 17 percent of students who were chronically absent in both kindergarten and first grade were reading proficiently in third grade, compared to 64 percent of those with good attendance.

#### Problems with Tardiness

The most crucial learning hours of a school day are the morning hours, because they are when students are most attentive. Students who are tardy miss the beginning of their morning classes, and they also cause a distraction when they arrive late to class.

#### Academics and Achievement

Students who are frequently tardy have lower GPAs, lower scores on standardized assessments, and lower graduation rates. Chronic tardiness in elementary and middle school is also linked to failure in high school.

#### Behavior Problems

In the National Center for Education Statistics 2007 Indicators of School Crime and Safety, teachers surveyed reported that students who are frequently tardy have higher rates of suspension and other disciplinary measures. Tardiness causes students to feel disconnected with school, leading to behavior problems and dropouts.

#### Job Performance

Students who are frequently tardy to school are also more apt to be fired from a job for showing up late.

#### Effect on Others

When students are tardy, they negatively impact their teachers and other students. Teachers are often required to allow tardy students to make up work, which often requires them to restructure their lessons or re-teach missed material. Tardiness also takes other students' attention away from a teacher's lesson, leading to more behavior problems and missed instruction.



### SEXUAL HEALTH FAMILY PREVIEW NIGHTS

Family Preview Nights for the HIV/Sexual Health curriculum will take place at ESC from 6:00 – 8:00 p.m. on October 24 and March 31.

Instruction around HIV occurs each year from 5th – 12th grade. Instruction around sexual health occurs in grades 6, 7, 8, and in high school health.

Families who wish to opt their scholars out of receiving instruction on these topics must attend one of these preview nights to review the curriculum and sign an opt-out form.

#### Afterschool Carpool

**Have you filled out a card with your student's last name? If not, please come to the office ASAP to complete because it will be used to identify the cars with the students quickly, especially if Mr. Underwood is not supervising!**

We have a large number of students being picked up afterschool. Our parking lot has a very limited number of parking spots. The fire department asks that you not park in the fire lane or by the yellow curbs. Therefore, if you want to park, you will need to arrive early or you will need to park in the neighborhood and walk in.

#### Families Receiving Free/Reduced Lunch:

Please be aware that if your student was on Free/Reduced lunch previously, you will need to renew your application by October 1st for the 2019-2020 school year. You should be receiving information from Nutrition Services to reapply.

If you are new to our school, make sure you have filled out an application for Free/Reduced lunch so that your student can receive benefits. Applications are in the office. Until you receive approval from Nutrition Services, you will need to send money or a lunch.

#### Changing Your Scholars After School Pick-Up Routine

Any changes on how your child will be going home after school **MUST** be called in by 2:30pm. Any calls made after 2:30 pm might not get to the student before dismissal time. If the office is not notified by 2:30pm the student will go home their usual way.



**Is your student getting enough sleep?** The main *symptom* of ongoing *sleep* loss is excessive daytime sleepiness, but other *symptoms* include: yawning, moodiness, fatigue, irritability, depressed mood, difficulty learning new concepts, forgetfulness, and inability to concentrate or a "fuzzy" head. **Please see chart below for appropriate bedtimes.**

	Wake-up time						
	6:00AM	6:15AM	6:30AM	6:45AM	7:00AM	7:15AM	7:30AM
	Bed time						
AGE							
5	6:45PM	7:00PM	7:15PM	7:30PM	7:30PM	8:00PM	8:15PM
6	7:00PM	7:15PM	7:30PM	7:30PM	8:00PM	8:15PM	8:30PM
7	7:15PM	7:15PM	7:30PM	8:00PM	8:15PM	8:30PM	8:45PM
8	7:30PM	7:30PM	8:00PM	8:15PM	8:30PM	8:45PM	9:00PM
9	7:30PM	8:00PM	8:15PM	8:30PM	8:45PM	9:00PM	9:15PM
10	8:00PM	8:15PM	8:30PM	8:45PM	9:00PM	9:15PM	9:30PM
11	8:15PM	8:30PM	8:45PM	9:00PM	9:15PM	9:30PM	9:45PM
12	8:15PM	8:30PM	8:45PM	9:00PM	9:15PM	9:30PM	9:45PM

## Notes from the Family Liaison

Welcome back Navigators!! It's been great to see so many familiar faces and meet so many of our new families. What a whirlwind start and I can't wait to see what this year brings.

A few important beginning of the year reminders:

If you haven't verified your ParentVue THIS year or if you don't know what that means – stop by the office and we can walk you through the process. We have computers available in the front office for family use.

If you haven't filled out an application for Free and Reduced Lunch yet – there is still time! Nutrition Services has a deadline of October 1<sup>st</sup> and the "grace period" ends October 14 – this means that if you qualified for free and reduced lunch last year and haven't applied/qualified for this year you will be charged after this time. If you applied online and believe you may have made a mistake – please stop by the office and fill out a paper copy. The most common mistake is not listing all family members living in the home (non-school age kiddos too).

If you have smaller boys clothes at home that you are looking to donate – we could use a few changes of clothes here in the nurses office, just in case of accidents. On that note, if you have a younger scholar please consider having them keep a change of clothes in the bottom of their backpack. Accidents happen and often kids are more comfortable wearing something from home.

You can reach me at 253-945-3407 or [atennis@fwps.org](mailto:atennis@fwps.org) or just stop by the school anytime! My office is located in the main office so stop by and say hello!

Helping families stay informed, prepared and connected –

Mrs. Tennison

**NOW  
HIRING**

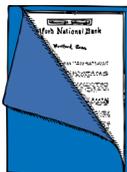
**Looking for a few good Para Educators!** We have vacancies at Nautilus and would love to get them filled ASAP. If you are interested in making some extra money or know someone in need of a job, please come see us in the office for more details or look on the career section on Federal Way Public Schools website at [www.fwps.org](http://www.fwps.org).

**Watch for this every  
Thursday..**

The Nautilus blue folders will be sent home every Thursday. This will have communication from the teacher, office, and PTSA.

Some items may need signatures so make sure you look at this folder on Thursday's and return on Friday's.

If you have any questions, please contact your student's class-



**Attendance Matters**

**One or two absences a month may not seem like a big deal**, but these missed days add up. If a child has missed two days of school each month, by the end of the year they have missed 10 percent of their school year. Whether the absence is excused, non-consecutive, or health-based, it is important to minimize missed learning opportunities. Help your student be on time, every day.

**ALL VISITORS AND  
VOLUNTEERS MUST SIGN IN AT THE OFFICE**

For the safety of all our students, please stop by the office each time you are on campus to sign in and get a visitor or volunteer badge. If you plan on volunteering this year or chaperoning a field trip, you must have an approved Washington State Patrol background check on file.