

## Parents/Guardians and PBIS

To be successful, our behavior program needs to be a partnership between home and school. Throughout the school year the PBIS team will send updates and information about PBIS. We invite your comments, concerns and ideas to make PBIS work at our school.

Please support PBIS at Kilo by:

- Reviewing behavior expectations with your child and asking about Cougar Star
- Using the four expectations at home
- Ask your child about his/her day each day
- Encourage positive behavior and language at home
- Providing positive reinforcement (rewarding good choices with compliments or quality time) at home
- Sharing comments with or asking questions of PBIS team members

\*\*If you are interested in being a Parent member of our PBIS team please contact

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### Kilo Middle School

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## Kilo Middle School

Federal Way Public Schools  
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## PBIS: Positive Behavior Interventions and Supports



## What is PBIS?

Positive Behavioral Interventions and Supports (PBIS) is an approach to teaching and supporting positive behaviors and meeting the needs of ALL students. This school-wide approach to discipline focuses on building a safe and positive environment in which all students can learn.

Caption describing picture  
or graphic.



### How

### does it work?

A key strategy of the PBIS process is prevention. The majority of students follow the school's expectations, but are never acknowledged for their positive behavior. Though instruction, comprehension, and regular practice, all teachers and staff members will use a consistent set of behavior expectations and rules. When some students do not respond to teaching of the behavior rules, we will view it as an opportunity for re-teaching and intervention.

### How is PBIS different?

- The program is focused on acknowledging students for consistent positive behavior
- Direct instruction of expected behaviors will occur throughout the school year.
- Routines and language with respect to appropriate school behavior are consistent through out the school
- Problem behaviors will be responded to with consistent consequences that are focused on re-teaching the expected behaviors.

### Teaching Expectations

Throughout the school year, students will be taught how to behave according to the four expectations. Teachers will help students learn what the expectations "look" and "sound" like in every setting during the school day. These lessons will be re-taught and reinforced throughout the school year, and become a regular part of our instructional program.



Caption describing picture  
or graphic.



### Cougar Stars

The foundation of PBIS at Kilo Middle School is the four building-wide expectations:

- Be Safe
- Be Thoughtful
- Be Accepting
- Be Responsible

Acknowledging and reinforcing positive behavior is one of the best ways to change inappropriate behavior and encourage appropriate behavior. At Kilo each student will earn Cougar Stars for meeting behavior expectations. Cougar Stars can be turned in at lunch time for a chance to win a drawing. Students who are chosen get to visit the Cougar Star Prize Wagon.