



Physical Education

Kindergarten – 5th Grade

- PS 1 1.A Students will demonstrate competency in a variety of motor skills and movement patterns (Motor Skills).
- PS 2 1.B Students will demonstrate competency in a variety of motor skills and movement patterns through balance, weight transfer, and rhythmic skills.
- PS 3 1.C Students will demonstrate competency in a variety of motor skills and movement patterns through skill for controlling or manipulating objects.
- PS 4 2 Students will apply knowledge of concepts, principles, strategies, and tactics related to movement and performance.
- PS 5 3.A Students will demonstrate the knowledge and skills to achieve and maintain a health-enhancing level of physical activity.
- PS 6 3.B Students will demonstrate the knowledge and skills to achieve and maintain a health-enhancing level of fitness.
- PS 7 4 Students will exhibit responsible personal and social behavior that respects self and others.
- PS 8 5 Students will recognize the value of physical activity for health, enjoyment, challenge, self-expression, and social interaction.