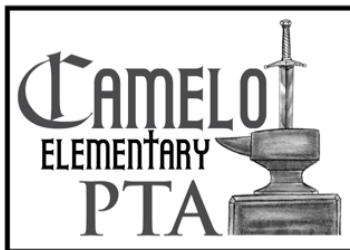


Camelot PTA News



-HOT WHEELS NIGHT:

Thursday, March 15 at 6 PM Students are invited (must attend with a grown up) to a quest to find out who has the *FASTEST* Hot Wheels car. Please bring a snack to share, your fastest Hot Wheels car and your tracks (tracks optional but recommended). Registration Fee: First Car: \$1.00. Each additional car: \$.50 (maximum of five cars).



-SPRING BOOK FAIR: Tuesday 3/20 – Thursday 3/22 (VARIOUS

HOURS—TBA) Get ready for our Spring Scholastic Book Fair in the Camelot library! Students and their families can shop for books during

morning recess, after school, and during SLC's that week. *We need lots of volunteer help with this event!* You can volunteer for a shift online using the Signup Genius link on our Camelot PTA Facebook page, or contact Jen Case (jencase@comcast.net).

-BOOTS & BOWS DANCE: Friday, April 13 at 6 PM Revised date and time (due to snow).

-Save the Date for the Annual Camelot Carnival and Auction!



Friday, May 18th, 6 – 8 PM

Expect fun games, prizes, amazing raffle baskets and auction items! Do you have an employer, friend, neighbor or family member that might be willing to donate a prize to our auction or raffle? Watch for information about how to donate to your students classroom baskets. Stop by the office or email Camelotptarocks@gmail.com for a donation letter and procurement form.

A HUGE thank you to our donors so far: Washington State University, University of Washington, Tacoma Comedy Club, Jimmy Mac's Roadhouse, The Reptile Zoo, Schwartz Brothers - Daniel's Broiler and Chandlers Crab House, NW Outdoor Center Kayaking, Picaboo photo books, Taproot Theater, Laser Quest, Carpinito Brothers, Seattle Thunderbirds, Tacoma Rainiers, Riverbend Golf Course, Lothian Family, White River Museum, Gourmet Gift Baskets, Poole Pain Relief and Wellness, Museum of Flight, Future of Flight/Boeing Tour, Rick Steves, Akasaka, Subzero, Auburn Parks, Seattle Escape Games, The Grand Cinema, Unexpected Productions/Theatre Sports, Act Theatre, Jefferson Park Golf Course, Jackson Park Golf Course, Marine Hills Swim and Tennis Club, Rotvold Family, River Recreation – White Water Float Trip, Outback Restaurant and American Girl.



Camelot—DRAWBRIDGE

Federal Way Public Schools

March 2018



Joe Kosty, Principal (253) 945-2504

Natalee Daniels, Assistant Principal (253) 945-2504

Attendance email: camoffice@fwps.org

Maureen Nunley, Office Manager (253) 945-2501

Lindy Lothian, Secretary (253) 945-2502

From the Principal:

Happy March Knights!

This is a very exciting and important part of our school year. 3rd-5th grade scholars are gearing up for our state test, which will begin near the end of April. If you are interested in resources, go to <https://practice.smarterbalanced.org/student/>, your scholar can take practice/training tests. This helps them to get used to the format, tools, and types of questions on the assessment. It would also be helpful to simply practice typing. These assessments take time to complete and typing speed and stamina go a long way in support.

For all scholars PK-5th, this time of year is also a time to focus in on the love of reading. Find different ways to celebrate your scholar's reading and read with them to share a positive experience. Also, ask them about their power goals and what reading skills they are working on. You can help challenge your scholar(s) to learn sounds, tricky words, synonyms, and more. Retelling and asking/ answering questions is also a very important part of reading. When reading with or after hearing your scholar(s) read, make sure to ask them questions so they can think through what they have read.

Scholar Led Conferences (SLC's) will be taking place near the end of March and this will be a good time to see how your scholar(s) are progressing and what kind of goals they are setting moving forward. As we prepare for SLC's, make sure that you are checking out ParentVue to see current grades. If you have questions please ask.

Finally, there are a lot of fun events coming our way in March. We have concerts and PTA Hot Wheel's Night! Also, mark your calendars for FWPS STEM Exploration Night @ Todd Beamer High School from 6:30-8:00pm on 3/28.

Thanks,
Joe Kosty, Principal
253-945-2504

Reminder:
No toys are allowed at school!

Dates to Remember

March	
8th - 7pm	4/5 Grade Concert
9th	No School Teacher In-Service
14th - 1:35pm	Remember! Early Release
15th - 6pm	PTA Hot Wheels Night
16th	Spirit Day tache Day
19th-23rd	BOOK FAIR! PTA Book Fair
22nd & 23rd	Student Led-Conferences No School
26th - 8:05am	Dialing in w/Dads and Mr Kosty
27th - 5:30pm	5th Grade KILO MS Night @ Kilo
28th - 1:35pm	Remember! Early Release
28th - 9:30am	Battle of the Books
28th - 6:30-8pm	STEM Exploration Night Todd Beamer HS
29th - 7pm	2/3 Grade Concert
April	
2nd - 6th	Spring Break - No School

STEM Exploration Night

THE SECOND ANNUAL—STEM EXPLORATION NIGHT

Wednesday, March 21, 2018! This event is for PreK-12 scholars and their families and will be held at Todd Beamer High School from 6-8 pm.

Snow MAKEUP Day

School will now be in session on Tuesday, May 29th, 2018

Multicultural Evening Help Needed

We are starting to plan for an exciting Multicultural Evening, Monday, April 30th. We are looking for volunteers who would like to share a talent (**song, dance, skit, favorite ethnic food**, etc.) that celebrates your culture!

If you are interested in sharing your culture with our school, please return the bottom of this paper to your child's teacher or to the office as soon as possible. For more information, contact Natalee Daniels, Assistant Principal at 253-945-2507 or ndaniels@fwps.org.

_____ Yes! I or my child would be interested in sharing our talent.

Description of talent/performance:

Parent Name: _____

Scholars Name: _____

Scholars Teacher: _____

Phone Number: _____

Cold vs Flu When to Keep Your Child At Home

Although flu (influenza) and colds are both respiratory illness, they're caused by different viruses. Colds may start with a little tickle in your throat and it can take a few days for you to experience the full onset of symptoms. The flu hits hard and fast. You may wake up feeling fine, but by the end of the day you have a fever, chills, and are completely exhausted.

PREVENTION

1) **HANDWASHING!** And LOTS of it!!— Handwashing is #1 in preventing the transmission of disease. This flu season is especially bad, affecting a greater number of people more severely than in many years past. If you get the flu, it can lead to very serious health problems such as pneumonia and bacterial infections.

2) **FLU VACCINE** — It's true that this year's flu vaccine has not been as effective as years past, but it may still decrease the severity of your symptoms. It can also help protect you against next year's flu.

3) **REST and NUTRITION** – Together, these two factors can help keep your immune system strong. The Sleep Foundation recommends school-aged children get between nine to eleven hours of sleep each night. Consume foods high in vitamin C such as oranges, pineapple, and grapefruit. Strawberries, kiwi, and papaya are also good sources of vitamin C. A well balanced diet is best.

4) **COVER COUGHS and SNEEZES!** – Help prevent others from getting sick by coughing and sneezing into your arm or sleeve, not in your hands!

TREATMENT

1) **REST** – The body needs time to mend and recover, so stay in bed!

2) **WARM STEAM** – This will help with chest or head congestion.

3) **DRINK MORE FLUIDS** –Water is best, but whatever you can get your child to drink to prevent dehydration works. Even chicken soup!

4) **DECONGESTANTS** (for a stuffy nose), **PAIN RELIEVERS** (for headaches, body aches), and **ANTIHISTAMINES** (for a runny nose, sneezing) may help to reduce symptoms.

5) **GARGLE WITH SALT WATER** for a sore throat.

6) **STAY HOME!** — If it's more than just a runny nose and a little cough, please keep your child at home!

SYMPTOMS	COLD	FLU
Onset	Slow, over days	Sudden, within hours
Fever	Low or none	Yes, *if fever of 101 or higher for more than 24 hours, see your doctor*
Chills	No	Yes
Headache	Rare, mild	Yes, can be severe
Body Aches	Slight	Yes, can be severe
Cough	Mild hacking, May be productive (mucus-producing) or non-productive (little to no mucus)	Yes, non-productive (little to no mucus) can be severe
Extreme Exhaustion	No	Yes
Sore Throat	Yes	Sometimes, but not common
Weakness, Fatigue	Mild	Yes, can last for weeks
Stuffy or Runny Nose	Yes	Yes
Chest Discomfort	Mild	Yes

Notes From Our Family Liaison:

Questions to ask your kids after school instead of “How was your day?”

- ◆ What made you smile today?
- ◆ Can you tell me an example of kindness you said or showed?
- ◆ What did you do that was creative?
- ◆ Who did you sit with at lunch?
- ◆ Was anyone in your class gone today?
- ◆ Tell me something you know today that you didn't know yesterday?
- ◆ Did you like your lunch?
- ◆ What was the hardest rule to follow today?
- ◆ If you could change one thing about your day, what would it be?
- ◆ What made your teacher smile? What made her frown?
- ◆ If you could switch seats with anyone in class, who would it be? Why?
- ◆ What kind of person were you today?

Smile Partners

Smile Partners is returning to Camelot!

Smile Partners is a nonprofit organization that provides oral health services. Services include assessment (screening), cleaning, fluoride applications, sealants (if necessary) and oral health instruction. These services are provided by a licensed dentist or a licensed dental hygienist. **Receipt of services is voluntary.** If urgent needs are assessed, Smile Partners will notify the school nurse for referral to a dentist.



Screenings and Treatments will be April 9th—13th

Consent forms will be sent home with your student and are due on March 28th.

Additional forms are available in the school office.

This is an opt-out program! If you do not want your child to have treatments return the opt-out form by March 28th.

Federal Way PTSA Council Clothing Bank at Totem MS

Clothing Resource Center Grand Re-Opening!

26630 40th Ave. S., Kent, WA 98032

All Elementary School Students in Federal Way Public Schools

Wednesdays—March 21st, April 11th and 18th and May 9th and 23rd

Open hours 5:30-7:00pm

Serving students K-5 of the Federal Way School District **ONLY**

A chart will be posted listing the type and quantity of items allotted per student. Please note that you will need to provide ID for both student and parent (ID including, but not limited to: Driver's License, WA ID, SS card, Insurance card, report card, letter from school, school issued planner).

Donations gladly accepted during open hours **ONLY**. Accepting clean, gently used and school appropriate clothing. Totem Middle School **WILL NOT** accept any donations.



Music At Camelot

Camelot has two grade level music concerts in March. Make sure to add them to your calendar! Our 4th and 5th graders, and Mrs. Lippman's class, will perform TONIGHT, Thursday, March 8th, at 7:00pm in the Great Hall. The 2nd and 3rd graders will have their concert at 7:00pm on Thursday, March 29th.

We look forward to seeing you and your child. Please contact Miss Hroncich if you have any questions, chronic@fwps.org or 253-945-2526.



Remember! Early Release Days for 2017—2018

March 14th and 28th, April 11th and 25th, May 16th and June 6th

Mark your Calendar for Early Release Days!! School is dismissed at **1:35pm.**

Counselor's Corner

TRANSITION TO MIDDLE SCHOOL

Kilo Middle School:



Tuesday, March 27th, 5:30 –7pm

Information Night at Kilo Middle School — 4400 South 308th Street, Auburn
Parents and students will get a short presentation from the principal, there will be an opportunity to complete course request forms, current Kilo students will lead tours, and parents will meet some 6th grade teachers.

Thursday, May 24th, during the school day

5th Grade visit to Kilo Middle School — students visit Kilo with 5th grade teachers.

Connection is Key

“A melting down, acting-out child is one that is longing for connection.”

It might seem like a never-ending battle. Figuring out how to respond to the whining, tantrums, tears, and what can feel like deliberate disrespect of your parenting wishes.

Often times, a child who is acting out by screaming or hitting is trying to communicate that something doesn't feel right. They might feel disconnected and need something from you. This is why responding in anger, yelling, grounding, or timeout might not work the way you had hoped, especially in the long-term; it doesn't give them what they need.

Offering connection can open up the door for communication about their feelings, which can lead to more understanding for both of you. When the connection has been made, it will be easier to go over the rules again, setting clear limits and consequences.

Remember, a child who feels connected to you has less of a need to act out because their needs are met.

Ideas for Connecting

Every child and parent craves and responds to connection in different ways, so it's important to find what works for your family.

Schedule a regular hang out time (play a game, read a book, go to the park, something you both enjoy).

Come up with a special goodbye ritual (handshake, song, certain words, etc).

Offer a hug, high five, fist bump, something that requires touch!

Play in their world - get down to their level, use their toys with them, get silly, use your imagination!

Share your favorite game, toy, or movie from when you were a kid.

Ask about their day and just listen.

Recognize their feelings and be with them while they are sad/angry/ scared/excited.

Information in this newsletter is from <https://imperfectfamilies.com/tired-of-your-kids-acting-outfocus-on-connection/> Check it out for more tips!

Student Council continued...

6. Talk to parking attendants – try and get them to hand out Pay it Forward cards instead of Parking fines – wouldn't that be nice? Alternatively you could top up other people's parking meters to stop them from getting a fine.

7. Cook a casserole for a new mother. Caring for newborns is tiring and draining. Mothers will appreciate the ability to eat something home-cooked without having to cook it herself.

8. Buy Lottery Scratch-Off tickets and put one in an envelope with a “Pay It Forward Card” inserted. Hand it to a receptionist on the way out of a business appointment. You just might change that person's whole life.

9. Give a homeless person some food gift cards along with a Pay it Forward card.

10. If you are washing your own car or mowing your own lawn, do the same for your next door neighbor

Make a difference and experience the true power of giving.

We Walk for Water

April 27. Walk. Raise \$25. Give one person clean water for life.

Every day women and children must walk hours to collect water, often from unsafe sources. This affects their health, livelihood and education. We're the generation that's out to change this. Because when communities have access to clean water, girls can attend school, parents can run sustainable farms and families can break the cycle of poverty.

Students will be given pledge sheets before Spring Break to solicit donations that will benefit WE, a movement that brings people together and gives them the tools to change the world. For more information about the organization visit we.org.

Our goal is for students to raise at least \$25 each. Donations should be made payable to Camelot PTA. Pledge sheets will be turned in with all donations on Friday, April 27. On that day, during second recess, students will walk the field and be given the opportunity to carry gallons of water to experience, in a small way, what many women and children face each day to provide for their families. Parents are welcome to come out and join the short walk also.

The times are as follows: 3rd-5th grade 1:40-2:00 PM, K-2nd grade 2:00-2:20 PM. Online donations may be made on our Crowdrise page at crowdrise.com/dashboard/cindibryant/camelots-walk-for-water.

Student Council

Upcoming Spirit Days:

Friday, March 16th—Mustache Day
 Friday, April 20th—Favorite Sport Day
 Friday, May 18th—Dream Job Day



Pay It Forward Week

Many of you may have seen the movie 'Pay It Forward' or have read the novel of the same name, a story about a young boy who did 3 good deeds for others in need. In return, all that the child wanted was that they pass on the good deed to three other people and keep the cycle going.

One good deed might not seem like much, but if everyone did something good for someone else, then the cycle of generosity and kindness can spark us to become better people.

So how does it work?

Do two good deeds for others without asking for anything in return. Instead the recipient should be instructed to *pay it forward* to someone else in need. Pay it Forward Cards will be handed to students explaining what Pay it Forward is all about. We would love parents to take part in the challenge to *pay it forward* as well. There will be additional cards available in the office.

Together we can change the world – one good deed at a time!

Here are some examples that might help give you some ideas

1. At a drive through, pay for the car behind you and give the cashier a Pay it Forward card to pass on. You could do this at the train station, at a coffee shop – anywhere you like.
2. If it is raining, give your umbrella together with a card to someone who does not have one. (It might be worth taking a spare one with you.)
3. Visit an elderly neighbor's house and ask them if they have anything that needs repair.
4. Donate some money to your favorite charity – perhaps collect some donation money from people at work.
5. Tell the manager of a restaurant how great your waiter/waitress was. This can happen in any store/business you visit. Aim at brightening someone else's day.

Smarter Balanced Assessment (SBA) Testing 2017/2018

Camelot's Smarter Balanced Assessments will begin on Monday, April 23rd and continue through Thursday, May 24th.

3rd and 4th grade students will have five days of testing, spread throughout that time. 5th grade students will have six days of testing. Your child's teacher will let you know the exact test dates for their class.

Students do their best work when they get to take the test with their class.

Please try to schedule appointments on non-test days.



Battle of the Books 2017

Camelot "Battle of the Books" is coming soon!

Thursday, March 28th—9:30am in the Great Hall

The winning team will represent Camelot at the District-Wide Battle of the Books

Parking Lot Reminders

Please do not park in the handicap parking spots unless you have a placard or special license plate. These spots are for guest and staff and are used regularly. Do not use handicap spots for dropping off or picking up students.



There is also no parking in the "Buses Only" area during drop-off and pick-up times as this is for students arriving and departing on buses.

Finally, it is **right turn only** out of Camelot's parking lot during drop-off and pick-up time. This keeps the flow of traffic moving and ensures the safety for drivers and students.

Thank you for helping to keep our parking lot safe and accessible to all.

Camelot Elementary Facebook Page



Follow Camelot on Facebook!

You can find our page by entering the URL below from Facebook.

<https://www.facebook.com/Camleot-Elementary-School-404105040010724/df>

Check it out for information on Camelot activities, pictures of current events, and district information.

Attendance Matters, Every Day Counts!

We want to recognize our students for having perfect attendance (with occasional tardies and early releases). Below are the names of students with perfect attendance for February. If your student is not on this list, encourage them to come to school *on time* every day. If your student will be absent or tardy, please call Mrs. Lothian at 253-945-2502. If there is a hardship, please contact Ms. Curran—Family Liaison at 253-945-2517 or Mrs. Bryant—Counselor at 253-945-2508 for support. Congratulations Knights on your perfect attendance.



Albade—Keelan C., Marianne C., Harper K., Tristan L., Graham N., Brycen S.

Ball-Toughill—Abram A., Molly B., Alan C., Eric K., Aarav K., Kaiya M., Gersam M., Antony R., Archer S.

Barry—Hailey B., Alondra C., Alexis C., Emily D., Madelin H., Davide H., Issiah L., Elina M., Ilona T., Ratu V.

Borg—Madison B., Joseph G., Elysia J., Sofiia K., Philip K., Jorge O., Harper S.

Clough—Amaya A., Dylin H., Ibrahim I., Jadon N., Ronald S., Kiley W.

Eilertsen—Alina A., Cruz D., E'Lani F., Porter L., Taison V.

Irons—Joshua A., Ashlynn D., Ignacio G., Jason M., Adrian R., Elizabeth S., Payton T., Arianna V.

Jones—Heidi O.

Kimpel—Jayson C., Emily D., Yatziry G., Justina K., Ava L., Ari-El Varea., Andrew W.

Kuldanek—Mia C., El-Munah K., Emma K., Olivia L., Reign M., Riley N., Nicholas P.

Lippman—Jose O.

Pomfret—Genesis G., Santiago H., Alexander J., Mykhailo K., Michael R., Eric T., Anna T., Vitalii V.

Rolewicz—Adelaide B., Aden E., Jaiden G., Alawna K., Noah Z.

Waterman—Kylie A., Isaiah G., Rocio H., Margalo J., Anika K., Mary L., Dennis M., Audrey R., Brianna S., Ramo S.

Attendance Matters, Every Day Counts! Continued

Whitford—Isaiah D., Bianca E., Saige G., Samyia H., Angelina I., Joseph K., Julia K., Max M., Eliana S., Briana W.

Winkler—Mason B., Juliana B., Samantha F., Mireille I., Gabriel M., Nathaniel P., Sebastian R., Emma Z.

2018—2019 Kindergarten Registration—Happening Now!

Kindergarten registration for the 2018-19 school year is now open. Families with a child who will be five-years-old by August 31, 2018 are welcome to enroll their scholar online, or at school.

To enroll online, visit: www.fwps.org/kiosk, and click on the “Student Registration” link to start the process (make sure to select the **2018-19** school year). Families can also register in person at the child’s school during regular hours. The following documents are recommended at the time of registration:

- Your child’s birth certificate
- Proof of your address (Wa. State ID/Drivers License, rental agreement, purchase agreement, or utility bill)
- Your child’s immunization records for measles, mumps, rubella, polio, diphtheria, whooping cough, tetanus, hepatitis B, and varicella (chickenpox)

If your child has life threatening conditions such as allergies, asthma, diabetes, and seizure disorders, a meeting will be scheduled with the school nurse to confirm that all medications, medical supplies, and health care provider orders are in place prior to the first day of school.

It is also suggested that parents provide:

- Two emergency contacts, including addresses and phone numbers
- Physician, dentist, and child care addresses and phone numbers

