

## Decatur High School Senior Recommendation Profile

Colleges are looking for a challenging academic curriculum, evidence of creativity and involvement, energy, curiosity and commitment. Be specific in providing the following information. Your Counselor and Teachers will need this information in preparing a letter of recommendation.

Name	Grade		
(If Known) GPA	Rank	SAT	ACT

ACTIVITIES - List School Activities, Sports, Offices Held and Years of Involvement

COMMUNITY SERVICE / VOLUNTER ACTIVITIES - Include Years of Involvement and Hours

WORK EXPERIENCE - Include Positions Held and Hours Worked Per Week

AWARDS / CERTIFICATES - Academic and Non-Academic

**PLEASE RESPOND TO THE FOLLOWING QUESTIONS.**

1. Choose one of your favorite activities and describe why you enjoy it.

2. Tell how you spent your last 3 summers. (Example: Jobs, Volunteer Work, Travel...)

3. Choose 2 or 3 topics / issues in life you feel strongly about and what would you do to improve these issues?

4. List 3 adjectives, which describe you and provide an example for each description.

5. What person has had the greatest impact on your development and explain what you have learned from them?

6. What makes you unique and what other information would you like your counselor to include in your recommendation?

**POST HIGH SCHOOL PLANS**

Careers / Majors Being Considered:

Colleges Being Considered: (Including 2-Year, 4-year and any Technical Schools)

List other teachers who know you well who could be contacted for additional information.

When you turn in your senior profile, please also include a copy of a personal statement or college essay you have written and will be sending to colleges. If you have not yet written a personal statement or essay, feel free to choose from one of the following prompts:

1. Describe an achievement; significant experience or challenge you feel has been important in strengthening your personal values?
2. Step out your front door and tell us what you would change about what you see?
3. Recall an occasion when you took a risk that you now know was the right thing to do?

