

FEDERAL WAY COMMUNITY RESOURCES	
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General Resources		
<p>For a more complete list of support, please go to: https://www.coronavirus.wa.gov/you-and-your-family#foodhousing. These are statewide supports ranging from food, housing, financial, mental health, childcare, internet access, immigrant resources, parent support, community based resources, etc.</p>		
Resource	Contact	Notes
Multi-Service Center	253.838.6810 https://mschelps.org/	General connection to multiple community supports. Foodbank is still open. Can pick up pre-packed boxes at a clearly marked entry point
Department of Health	DOH.WA.gov 360. 236.4501 800.525.0127	Links to hotline services for various community or mental health needs
King County Helpline	211	For a comprehensive list of support, you can contact 211

Immediate Mental Health Resources		
Resource	Contact	Notes
CCORS Crisis Line	206.461.3222	Provides 24/7 immediate support without needing insurance. More general, and provides support for adults as well.
Teen Link	206.461.4922	Crisis line specifically for teenager. Open 6 pm- 10pm Mental health support, feeling depression, suicidal, etc. <i>Text option not available at this time 03/27/2020. Will update once available.</i>
National Suicide Hotline	1.800.273.8255 (voice) 741741 (crisis text line)	If you are feeling suicidal, contact this number. Available 24/7
Washington's Mental Health Referral Service for Children and Teens	1.833.303.5437	Open M-F, 8 am-6pm. They will connect you to mental health services to meet your needs
National Domestic Violence Hotline	1.800.799.7233 Thehotline.org Text option: text "LOVE IS" to 22522	If you are unable to speak safely, you can log on to thehotline.org OR text "LOVE IS" to 22522
Domestic Abuse Women's Network (DAWN)	425.656.7867	
Mental Health Services (not immediate support, but provides drop-in appointments)		
Sound Mental Health	206.901.2000 https://www.sound.health/ 4240 Auburn Way North Auburn WA 98002	
Valley Cities Mental Health After Hours Crisis	253.833.7444 866.427.4747 https://www.valleycities.org/ 1336 S. 336 th St. Federal Way, WA 98003	
Consejo Counseling (Spanish)	206.461.4880 www.consejocounseling.org 515 West Harrison St. Kent, WA 98032	

Specialized Mental Health Support and Well Being		
Resources	Contact	Notes
Washington Recovery Helpline	1.866.789.1511	The Washington Recovery Help Line is an anonymous and confidential help line that provides crisis intervention and referral services for Washington State residents
WA Warm Line	1.877.500.WARM	WA Warm Line is a peer support help line for people living with emotional and mental health challenges. Calls are answered by specially-trained volunteers who have lived experience with mental health challenges.
Crisis Text Line	Text HOME to 741741.	Crisis Text Line offers 24/7 support from trained crisis counselors by texting
Pierce County 24/7 Crisis Support:	1-800-576-7764	
King County 24/7 Crisis Support	1-866-427-4747	
Bridges Center for Grieving Children	253-403-1966	
Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress at 1-800-985-5990 or text TalkWithUs to 66746.	1-800-985-5990 or text TalkWithUs to 66746	Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress
Futures without Violence	https://www.futureswithoutviolence.org/get-updates-information-covid-19/	Contains comprehensive information and resources for survivors, communities, and domestic and sexual violence advocacy organizations and service providers

API Chaya	https://www.apichaya.org/	Specializes in supporting survivors of domestic violence, sexual assault and human trafficking with people from or affiliated with Asian, Pacific Islander and Middle Eastern communities.
NW Immigrant Rights Project, Seattle, WA.	Office: 206-587-4009, Crisis Line: 206-957-8621	Northwest Immigrant Rights Project promotes justice by defending and advancing the rights of immigrants through direct legal services, systemic advocacy, and community education.
NW Network of Bisexual, Trans, Lesbian & Gay Survivors of Abuse,	(206) 568-7777	Provides support for LGBTIQ Survivors of Abuse
Somali Family Safety Task Force, Seattle, WA.	(206) 659-4755	Somali family support
Mother Africa, Kent, WA.	(253) 277-7625	Mother Africa helps African refugee and immigrant women & their families

Financial		
Resource	Contact	Notes
Department of Financial Institutions	https://dfi.wa.gov/coronavirus	DFI has developed a list of resources to address the financial impacts of the coronavirus, including mortgage assistance, financial resources, and financial scams
Employment Security Department (1)	Informational: https://esdorchardstorage.blob.core.windows.net/esdwa/Default/ESDWAGO/newsroom/COVID-19/covid-19-scenarios-and-benefits.pdf	The link provides a listing some of the most common scenarios and whether individuals may be eligible for paid sick leave, unemployment insurance, paid family medical leave, or industrial insurance.
Employment Security Department (2)	Informational: https://esd.wa.gov/newsroom/covid-19	Unemployment benefits to workers
COVID-19 and Paid Family and Medical Leave	https://paidleave.wa.gov/coronavirus/	Some workers may be eligible for Paid Family and Medical Leave if ill or caring for a family member who is sick with COVID-19.
United Way	https://www.myfreetaxes.com/	Provides free online tax preparation

Food and Housing		
<p>**The governor has issued a statewide moratorium on evictions of residential tenants for non-payment until April 17. If your landlord violates this by threatening to evict you or plans to evict you report to this: https://app.smartsheet.com/b/form/09349a1c56844b539fea1c2cabd16d56</p>		
Resources	Contact	Notes
Women, Infants, and Children program (WIC)	1-800-322-2588	Families like yours get healthy food and a lot more through the Women, Infants and Children Program (WIC)
Washington Community Living Connections	1-855-567-0252	Home deliveries for elderly
South King County Food Coalition (EFAP)	22225 9th Ave S Des Moines, WA 98198-6312 (206) 878-7172 barbshimizu@comcast.net	
Food Lifeline (TEFAP)	815 S 96th Street Seattle, WA 98108-4934 (206) 545-6600 info@fill.org	
Muckleshoot Indian Tribe	39015 172nd Avenue SE Auburn, WA 98002-2689 (253) 876-3311 webmaster@muckleshoot.nsn.us	
Solid Ground (City of Seattle) (EFAP)	1501 N 45th Street Seattle, WA 98103-6708 (206) 694-6700 info@solid-ground.org	
Hopelink (North East King) (EFAP)	10675 Willows Road NE, Suite 275 Redmond, WA 98052-2530 (425) 869-6000 hopelink@hopelink.org	
Washington State Department of Social and Health Services	Apply for EBT cards here: https://www.dshs.wa.gov/esa/community-services-offices/basic-food	Must be a U.S. Citizen to apply for EBT cards
Washington State Department of Social and Health Services	Apply for State Food Assistance Program https://www.dshs.wa.gov/esa/community-services-offices/state-food-assistance-program-fap	For immigrants with documentation
Food Banks		
Small Tribes Organization of Western Washington	3040 96th Street S Lakewood, WA 98499-9395 (253) 589-7101	

	smalltribesorg@yahoo.com	
St. Vincent de Paul - South King County	717 Auburn Way N Auburn, Washington 98002 Phone: (253) 833-2546	Food Bank open: Monday, Tuesday, Wednesday, Thursday, Friday 9:30am-12:30pm
Auburn Food Bank	930 18th Place NE Auburn, Washington 98002 Phone: 253-833-8925	Food Bank open: Monday, Tuesday, Thursday, and Friday 9:00am-1:00pm; 2nd Wednesday 4:30pm-6:15pm
Des Moines Area Food Bank	22225 9th Ave S Des Moines, Washington 98198 Phone: (206) 878-2660	Food Bank open: Monday, Wednesday and Friday 9:00am-11:45am; 3rd Tuesday 6:00pm-8:00pm
Highline Area Food Bank	18300 4th Ave S Burien, Washington 98148 Phone: (206) 433-9900	Food Bank open: Tuesday 12:00pm-2:30pm, Thursday 10:00am-12:30pm; 2nd Tuesday 5:30pm-7:00pm
Tukwila Pantry	3118 S 140 St Tukwila, Washington 98168 Phone: (206) 431-8293	Food Bank open: Tuesday, Thursday, Saturday 12:30pm-2:30pm
Salvation Army - Renton	206 S Tobin Renton, Washington 98057 Phone: (425) 255-5969	Food Bank open: Monday, Tuesday, Thursday 9:00am-12:00pm and 1:00pm-4:00pm; Friday 9:00am-12:00pm
El Centro De La Raza	2524 16th Ave S Seattle, Washington 98144 Phone: 206-973-4401	Food Bank open: Wednesday 3:30pm-6:30pm; Thursday Open 9:00am-12:0pm, 1:30pm-4:00pm; Friday 10:00am-12:00pm (TEFAP ONLY), 2:00pm-4:00pm
Housing		
Catholic Community Services	206-328-5755 https://ccsww.org/get-help/shelter-homeless-services/housing-and-essential-needs-hen/	Housing and Essential (HEN) Clients only. Mon-Fri 9:00am-2:30pm



Free Meals
for Children 18 and Under

Children will have access to meals at no cost during the school closure. Funded by the United States Department of Agriculture, each child may receive two free meals: one breakfast and one lunch.

“Grab and go” meals will be available beginning March 16 through April 24, 2020, except for the week of spring break. Meals are available Monday through Friday, as follows:

FEDERAL WAY PUBLIC SCHOOLS

School Locations	Address	Time
Decatur High School	2800 SW 320th St. Federal Way, WA 98023	10 a.m. – 12 p.m.
Federal Way High School	30611 16th Ave. S. Federal Way, WA 98003	10 a.m. – 12 p.m.
Thomas Jefferson High School	4248 S 288th St. Auburn, WA 98001	10 a.m. – 12 p.m.
Todd Beamer High School	35999 16th Ave. S. Federal Way, WA 98003	10 a.m. – 12 p.m.
Adelaide Elementary School*	1635 SW 304th St. Federal Way, WA 98023	11:30 a.m. – 12 p.m.
Twin Lakes Elementary School*	4400 SW 320th St. Federal Way, WA 98023	11:30 a.m. – 12 p.m.
Mark Twain Elementary School*	2450 S Star Lake Rd. Federal Way, WA 98003	11:30 a.m. – 12 p.m.

Community Locations	Address	Time
Camelot Square	3001 S 288th St. Federal Way, WA 98003	10:45 – 11:50 a.m.
Kitts Corner	1201 S 336th St. Federal Way WA 98003	10:45 – 11:50 a.m.
Enchanted Woods	2020 S 360th St. Federal Way, WA 98003	10:45 – 11:50 a.m.
Glen Park*	952 SW Campus Dr. Federal Way, WA 98023	11:30 a.m. – 12 p.m.
Uptown Square	1066 S 320th St. Federal Way, WA 98003	12:20 – 1:25 p.m.
Park 16	35703 16th Ave S. Federal Way, WA 98003	12:20 – 1:25 p.m.
Appian Way	25818 26th Pl. S. Kent, WA 98032	12:20 – 1:25 p.m.
Good Shephard Episcopal Church*	345 S. 312th St. Federal Way, WA 98003	12:30 – 1 p.m.
View at the Lake*	30602 Pacific Highway S. Federal Way, WA 98003	12:30 – 1 p.m.
Avery at Reserve*	125 SW Campus Dr. Federal Way, WA 98023	12:30 – 1 p.m.
Pavilion*	1900 SW Campus Dr. Federal Way, WA 98023	12:30 – 1 p.m.
Crestview West	27912 Pacific Hwy S Federal Way, WA 98003	1:55 – 3:00 p.m.
Campus View	163 S 340th St, Federal Way, WA 98003	1:55 – 3:00 p.m.
Westway	33400 21st Ave SW Federal Way, WA 98023	1:55 – 3:00 p.m.

*These locations were added March 25, 2020

Insurance		
Resource	Contact	Notes
Apple Health	<p>1-855-923-4633; TTY 1-855-627-9604</p> <p>Or apply online: https://www.wahealthplanfinder.org</p>	<p>For those uninsured: Insurance experts are available by phone to answer questions and get you enrolled. You can call them to get help or make an appointment. A special enrollment period is now available through April 8, 2020 to qualified individuals who are uninsured. Customer support is available (but experiencing longer wait times) between 7:30 a.m. and 5:30 p.m. Monday - Friday</p>

Internet		
Resources	Contact	Notes
Xfinity	http://wifi.xfinity.com/	All Xfinity Public Hotspots are accessible by everyone
Comcast	https://www.internetessentials.com/covid19	Comcast is offering two months free to new Internet Essentials customers in their service areas.
AT&T Access	https://about.att.com/pages/COVID-19.html	Offers low cost internet

Child Care		
Resources	Contact	Notes
Child Care Aware	1-800-446-1114.	Child Care Aware can help you search for alternative childcare if your school or childcare has closed due to COVID-19 concerns.

Resources for Immigrants		
Resources	Contact	Notes
El Comite	https://elcomitewa.com/ elcomite.seattle@gmail.com	Advocates for documented and undocumented immigrants
NW Immigrants Rights Project	https://www.nwirp.org/ Office: 206-587-4009, Crisis Line: 206-957-8621	Northwest Immigrant Rights Project promotes justice by defending and advancing the rights of immigrants through direct legal services, systemic advocacy, and community education
City of Seattle's Office of Immigrant and Refugee Affairs	https://welcoming.seattle.gov/covid19publiccharge/	This is a Frequently Asked Question (FAQ) information guide for immigrants who want to know more about how the issue of public charge might affect their ability to access healthcare and other services during this COVID-19 outbreak..

Legal Aid		
Resources	Contact	Notes
Washington Law Help	https://www.washingtonlawhelp.org/	Washington Law Help has resources for those looking for legal aid during the coronavirus outbreak. Topics include family law, health issues, housing, financial, criminal, and assistance for seniors.