


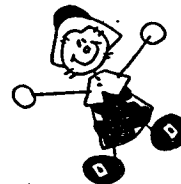

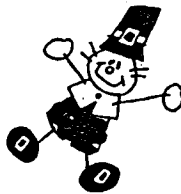
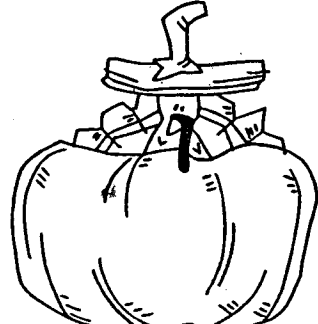
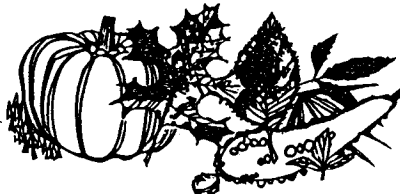


Federal Way Public Schools Elementary (K through 5th) Menu November 2009

Menu subject to change due to availability and food preference. Federal Way Public Schools WEB site address <http://www/fwps/org>

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Pizza or Hot dog on a Bun	3 Hot Dog on a Bun or Burrito 	4 Burrito or Chicken Nuggets	5 Chicken Nuggets or Grilled Cheese Sandwich	6 Grilled Cheese Sandwich or Beef Teriyaki Dippers over Rice
Variety of Fruits and Vegetables will be offered daily				
9 Beef Teriyaki Dippers over Rice or Corndog	10 Corndog or Hamburger on a Bun	11 No School  VETERAN'S DAY	12 Hamburger on a Bun or Rib-b-que on a Bun	13 Rib-b-que on a Bun or Pepperoni Pizza*
Variety of Fruits and Vegetables will be offered daily				
16 Pepperoni Pizza* or Chicken Nuggets	17 Chicken Nuggets or Grilled Cheese Sandwich 	18 Chicken Nuggets or Burrito	19 Burrito or Corndog	20 Corndog or Spaghetti with Meatballs
Variety of Fruits and Vegetables will be offered daily				
23 Spaghetti with Meatballs or Chicken Patty on a Bun	24 Cheese Pizza or Chicken Patty on a Bun	25 Picnic Lunch 	26 No School 	27 No School 
Variety of Fruits and Vegetables will be offered daily				
30 Cheese Pizza or Hot Dog in a Bun			<p>ELEMENTARY</p> <p>Breakfast \$1.50/20 for \$30</p> <p>Lunch \$2.50/20 for \$50</p>	<p>ADULTS</p> <p>Breakfast \$2.50 with or w/o Milk</p> <p>Lunch \$3.75 with or w/o Milk</p> <p>November Salads</p> <p>Monday: Ham Salad</p> <p>Tuesday: Chicken Caesar Salad</p> <p>Wednesday: Taco Salad</p> <p>Thursday: Good Fortune Salad</p> <p>Friday: Vegetarian Salad</p>

Federal Way Public Schools Nutrition Services is an equal opportunity provider.

*Denotes Pork as an ingredient