

# Federal Way School District Breakfast Menu May 2008

Breakfast Menu ( Menu subject to change due to availability and food preference.) Federal Way Public School WEB site address <http://www.fwps.org>

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|--|--|---|---|---|
|  <p><b>Free Preschool for Low-Income Families</b><br/>Call: 253-945-2379</p> |  |   | <b>1</b><br>Strawberry Cream Cheese<br>Stuffed Bagel<br>100% Juice<br>Chilled Milk<br><br>NO CEREAL | <b>2</b><br>Waffles<br>Syrup<br>Cereal<br>100% Fruit Juice<br>Chilled Milk  |
| <b>5</b><br>French Toast Sticks<br>Syrup<br>100% Fruit Juice<br>Cereal<br>Chilled Milk   | <b>6</b><br>Cheese Omelet<br>Cereal<br>100% Fruit Juice<br>Chilled Milk    | <b>7</b><br>Buttermilk Bar<br>Applesauce<br>Chilled Milk<br><br>NO CEREAL               | <b>8</b><br>Flavored Yogurt<br>Cereal<br>100% Fruit Juice<br>Chilled Milk                           | <b>9</b><br>NO SCHOOL<br><b>May 11<sup>th</sup> Mother's Day</b><br> |
| <b>12</b><br>Cinnamon Tastries<br>100% Fruit Juice<br>Chilled Milk<br><br>NO CEREAL  | <b>13</b><br>Muffin<br>Cereal<br>100% Fruit Juice<br>Chilled Milk          | <b>14</b><br>Mini Pancakes<br>Syrup<br>Cereal<br>100% Fruit Juice<br>Chilled Milk       | <b>15</b><br>Breakfast Stick<br>100% Fruit Juice<br>Chilled Milk<br><br>NO CEREAL                   | <b>16</b><br>Breakfast Sausage Bagel*<br>100% Fruit Juice<br>Chilled Milk<br><br>NO CEREAL  |
| <b>No Breakfast Secondary</b>  |  |   |   |   |
| <b>19</b><br>Buttermilk Bar<br>Applesauce<br>Chilled Milk<br><br>NO CEREAL   | <b>20</b><br>Hot Pocket<br>Satsuma Orange<br>Chilled Milk<br><br>NO CEREAL | <b>21</b><br>French Toast Sticks<br>Syrup<br>100% Fruit Juice<br>Cereal<br>Chilled Milk | <b>22</b><br>Flavored Yogurt<br>Cereal<br>100% Fruit Juice<br>Chilled Milk                          | <b>23</b><br>Cheese Omelet<br>Cereal<br>100% Fruit Juice<br>Chilled Milk  |
| <b>26</b><br>NO SCHOOL<br><br>☆☆☆☆☆☆<br><b>MEMORIAL DAY</b><br>☆☆☆☆☆☆  | <b>27</b><br>NO SCHOOL   | <b>28</b><br>Pop Tarts<br>Cereal<br>100% Fruit Juice<br>Chilled Milk                    | <b>29</b><br>Breakfast Pizza*<br>100% Fruit Juice<br>Chilled Milk<br><br>NO CEREAL                  | <b>30</b><br>Muffin<br>Cereal<br>100% Fruit Juice<br>Chilled Milk   |

\*Denotes Pork as an ingredient

Please be aware that all foods prepared and served may contain or be in close proximity to products containing known allergens (such as peanuts). Federal Way School District Nutrition Services is an equal opportunity provider.

YOU MAY NOW CHARGE BREAKFAST AND/OR LUNCH ON A CREDIT CARD ONLINE. Go to [WWW.FWPS.ORG](http://WWW.FWPS.ORG), PROGRAMS & SERVICES, NUTRITION SERVICES. Click on **GREAT NEWS! LUNCH MONEY NOW IS AVAILABLE FOR ONLINE PAYMENTS!**

Here you can also monitor activity on student's account, check balance, ect...

YOU MAY ALSO CALL (253) 945-5555 TO CHARGE IT TO YOUR VISA OR MASTER CARD.